## REPORT FROM ICDP UKRAINE

We continue to work in the program and have many plans.

In June a group finished their studies in Kharkov. We send a report on this group in this letter.

## **Summer report – Kharkov group**

In June 2019 in Kharkov, another 16 ICDP trainees have received the facilitator diplomas. We have already written about this group last time. The group included psychologists, teachers, babysits from three cities of Ukraine: Kharkov, Kramatorsk, Slavyansk. Almost everyone of them has children, among them there were parents of children with disabilities, whose parents have adopted children. This group was trained under the new program, that consists of 5 modules. The training lasts six months. Due to these changes, we can observe better results. Trainees are better immersed in the process, recognize themselves, understand the principles of the program. During this time, they manage to get to know each other and make friends, due to this, after graduation, facilitators can maintain relationships and help in the preparation and conduct of groups and share experiences. During this course, trainees have more time to observe us and communicate with us and among themselves, through the principles of ICDP. We have made workbooks with assignments that participants complete after each module. Due to these homework, future facilitators repeat the received information. And also tasks inspire and help to respect your parental and professional experience. In completing assignments, participants began to use ICDP principles more actively in their life.

At the final module, the participants practice the skills of a facilitator, give reflection in pairs and in a group, and undergo supervision. We began to pay more attention to reflection and supervision.

The role and functions of the facilitator is new for our country. We think that by observing the work of facilitators, it can better understand the features of his work. We and Sergey noticed the good changes that were taking place with the members of this group. After the participants received diplomas, we asked them to tell what changes have occurred to them due to the program, in their personal or professional life. Here are some feedbacks of the program.

"With the help of the ICDP program, I received the answers for the questions which I have been interested in for a long time. I have two education. I am a teacher and I am also a psychologist. But, only after completing the course of the International Child Development Program, I was able to systematize and supplement all the previously acquired knowledge. Clear rules of praise have become valuable to me! Working in a boarding school with pupils, every day, I am convinced that praise works wonders! And also, my relations with my eldest son have become closer and more trusting. He is 18 years old ...)) This was one of my requests before I decided to take ICDP training."

Inna Golovanchuk, mother, teacher, psychologist, facilitator ICDP.

"I fell in love with this program. I admired the simplicity, structure and ease of reporting. I am convinced that everyone needs to know the principles of ICDP and they need to be taught at school.

"Mom, you started acting differently, I want to hug you," my son told me. This is my most important result in ICDP training."

Natalya Pamazan, mother, doctor, ICDP facilitator.

"The ICDP program is a wonderful tool in creating happy and strong parent-child relationships. Based on its principles, you can truly achieve harmony in communication with the child! I work with complex parents, those who want to abandon their children.

I really want as little as possible to replenish orphanages and baby houses with children. I want every child to be happy in his family. This program can change fates! "

Victoria Lepekha, ICDP Facilitator.

"I am very thankful the ICDP program and the trainers of mentors Ann Trukhan and Sergey Krasin for the valuable knowledge, easiness of presenting information, inspiration and charge. I'II use the received knowledge in the working and communicating practice with my child. And I have already felt good results. The simplicity and accessibility of the program allow easy establish a positive relationship with the child, and give him support. The principles of the program help to understand why the child does this: By following the ICDP principles without violence and injuries, the child can be given a completely new experience, developing and teaching, which contributes to the development of a harmonious family."

Natalya Kotsar, mother, psychologist, ICDP facilitator.

"The ICDP project has completely changed my life. It was a serious work on myself. I looked differently at what was happening in my family. I have improved relations with children and with my husband. All my past experience has become the foundation on which the knowledge system that I have received on the course of the International Child Development Program is built now.

ICDP, for me - this is a huge, holistic, harmonious family that unites everyone who has chosen the path of mentoring and helping seekers. The facilitator is knowledge, skills, it is the spiritual component of everyone: warmth, unconditional love and respect for the whole world."

Alyona Bespalko, mother, teacher, facilitator of ICDP

"The program is unique. After completing the training for me, the previously acquired knowledge joined me into a single picture. I saw in a new way the emotional sphere of the child. I have received answers to my questions about my own child in this area. There was a lot of practice; I liked to watch the work of professionals, which is especially valuable. The ICDP program is suitable for soft harmonious building of the relationship of parents and children. The program gently brings the parent to the source of their child's feelings and look at the feelings of their children's desires, that makes these moments invaluable and the experience is eternal.

I plan to apply in my work the principles of the program so that all my clients - parents can feel their child, look at the world through his eyes, feel their importance as a parent and the importance of a significant adult in the life of the child for the successful and harmonious formation of the personality of the child himself, and for the parent himself - positive self-confidence and ability as a successful parent."

Alina Gerasimenko, mother, psychologist, facilitator of ICDP.

## PHOTOS FROM ICDP TRAINING WORKSHOPS









