



## ICDP with older people in Envigado



ICDP principles were implemented in several significant projects for parents carried out in the Antioquia region of Colombia. Recognizing that empathic human care promoted by the ICDP programme are essential for good quality care, the programme was applied again, but this time in the Envigado homes for the elderly.

During 2025, in the municipality of Envigado, Antioquia, two ICDP trainers, Carolina Montoya Montoya and Lucy Osorio Mejía, from the ICDP Colombia team, developed a pilot project which was both a training and research project for caregivers of older people.



The project strengthened the caring skills of caregivers, professionals, family members, and others who support this population. Caregivers of older adults are facing increasingly greater challenges in their daily work in both family and institutional settings. The purpose was to foster positive, humane and transformative interactions between carers and older people.



The team coordinated the ICDP work with the Social Welfare Secretariat of the Mayor's Office of Envigado. In total, 130 caregivers of older people were trained in the principles of ICDP.

The ICDP booklet for parents was adapted and the pilot project tested the adapted version, leading to the validation, enrichment and adjustment of the booklet called: "Guide for a good interaction that dignifies the Elderly Person". With great enthusiasm, Carolina and Lucy prepared this booklet, as a product of this pilot project. The booklet contributes to the care of vulnerable older adults who need loving

adults to teach them essential skill. The booklet is now in its final stages of publication for distribution and sharing with other regions and countries interested in implementing similar initiatives. It is an opportunity to promote collaboration with ICDP teams in different countries around the world that share the same goal: recognizing the value of aging with dignity, respect, and tenderness.

Report by Carolina Montoya Montoya