

Twenty years of ICDP in Boyacá, Colombia

Letter to ICDP from a trainer

Dear ICDP,

I would like to tell you about several things that have been happening in our department regarding the program.

In our department, there has been a shift in the implementation of mental health programs and strategies within the Boyacá Health Secretariat. These changes also affect the ICDP program “I Am a Person Too”. This means that from now on, the Secretariat will be implementing the ICDP program with groups of psychologists who have previously trained in the program. This strategy will continue to sustain the program in our department long term.

On another note, I would like to share with you that we continue with the commitment of celebrating the 20th anniversary of ICDP in Boyacá. In this context, I am showcasing the community and health education strategy based on good treatment, emotional connection, empathy, improving the family environment, and strengthening public policy for early childhood and adolescence.

ICDP is still going strong here twenty years since Nicoletta Armstrong introduced us to ICDP: Thank you Nicoletta for your support and trust over these twenty years of growth, not only as a department, but in my case, as a person and a human being... my initial vision of parenting and its importance in human lives has changed radically. I hope to continue counting on your support in my new activities, which will undoubtedly continue to be linked to ICDP.

Here I also share with you some images of the work we have done in recent months in 2025, in Paipa, Pisba, Floresta and Corrales. This work has been multi-level: decision makers, formal and informal leaders in the communities, families and adolescents.

I will write to the Governor of Boyacá thanking him for his support over these twenty years.

Thank you again,

Luis Fernando Lopez, ICDP trainer and coordinator of ICDP in Boyacá









