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Annual report, ICDP activities in 2024 Institut for Relationspsykologi, Denmark

In 2024 we have had a year with many care professionals being trained through our ICDP activities. These activities has had a great impact for the children at the local children nurseries and at the schools, but it has also meant a great deal for the parents and has also had an impact at the work environment for the care professionals.

One of the care professionals at a school describes the impact of ICDP likes this:

I was a little skeptical about what ICDP would change in my pedagogical practice. Would it just be another "fancy model" that would quietly be shelved with many other initiatives. I have been very positively surprised by how effective ICDP has been for me and how quickly I can see results from the changes I make. I quickly experienced gains in my relationships with all the children in my class, through the 8 interaction themes. Small adjustments have a big effect.

We will continue to work with local municipalities and organizations to implement ICDP at schools and childrens nurseries in 2025. At the same time we will continue to draw attention to the impact of ICDP across society in Denmark, because we would like to work with ICDP in other areas as well, so more care professionals, volunteers and parents can benefit from ICDP.

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