

## **Eight guidelines for positive interaction in care for older persons.**

### **The emotional expressive dialogue**

- 1. Express loving feelings to the older person**
- 2. Adjust to the older person's initiative**
- 3. Take part in the older person's emotions (including non-verbal expressions)**
- 4. Confirm and praise**

### **The meaning oriented and expansive dialogue**

- 5. Shared attention—mutual engagement**
- 6. Provide meaning of experiences (here and now)**
- 7. Provide continuation and Connections**

### **The regulative and facilitative dialogue**

- 8. (a) Plan step by step together with the older person**
  - (b) Provide support adjusted to the older person's needs**
  - (c) Facilitate the older person's everyday life**
  - (d) Provide positive and motivating supervision and limit setting**