

## Summary of key achievement on ICDP based parenting/child sensitive sessions in 2023:

The number of beneficiaries trained on ICPD based parenting + child sensitive sessions during 2023.

No	Locations	# beneficiaries trained
1	Sancaani	26
2	Sh. Omar	98
3	Magalo-Cad - Berbera	51
<b>TOTAL</b>		<b>175 Mothers</b>

### 19 sessions in the following areas were delivered during the training.

1. ICDP based parenting sessions (Good parenting program) – 3 dialogues and 8 guidelines.
2. IYCF sessions
3. Gender sensitization session
4. Disability Inclusion sessions
5. Family budgeting sessions
6. Child and Work sessions
7. Child's Education session

### About the facilitators:

- The sessions were delivered and facilitated by the SCI & HAVOYOCO's project staff who have been trained as Parenting Facilitators by a certified ICDP Trainer under the CSSP project.

### Timeframe:

- The sessions were delivered during months of June 2023 – August 2023

### A small case story (6-8 lines):

Jamila\* is a 33-year-old expectant mother of 6 children the oldest is 14 and the youngest is 5, Jamila\* lives with her family on the outskirts of Hargeisa in a IDP camp. In April 2022, Jamila was identified as one of the beneficiaries to benefit from a 4 year project on Child Sensitive Social Protection. She was from one of the beneficiaries among the 150 households targeted in her IDP to benefit from the project.

Jamila\* was trained on the 3 dialogues (emotional, comprehension and regulative) and the 8 guidelines for good parenting. She also attended additional sessions on early initiation of

breast feeding, hygiene practices, and diversified dietary practices. Jamila\* explains how these sessions have helped her as a mother as well as an individual. She says, "I now sit down and chat with my children more often than I used to, we became more closer, I have stopped calling them bad names and don't compare them to my neighbor's children anymore, I have understood that each child is unique on their very own way. Also, , Jamila\* mentions how there are many myths about child feeding, for example many mothers don't know what kind of food to feed their children when they reach the weaning period and the right dietary food for older children. According to her, the nutrition sessions, building on the back of the ICDP based parenting sessions, have greatly helped her to understand and ensure that her family, especially children, consumes nutritious food and follows proper hygiene.