

# International Child Development Programme

**Annual Report 2016** 

# Our reach so far





## Comments from the chair

In this report ICDP is once again providing a short account of its worldwide activities and by highlighting some of the work of our partner organizations we hope to illustrate the great value and scope of their efforts and at the same time to inspire others to follow suit.

Since our beginnings as an international organization in 1992, we have witnessed a very steady expansion of our work that has by now reached 55 countries. This expansion was only possible because our own vision had so often found resonance in enthusiastic individuals and organizations willing to engage in fruitful collaborations and partnerships all over the globe.

As a result, the ICDP programme and its humane messages of loving care, empathy and hope brought effective support to many thousands of caregivers, parents, professionals and to dozens of organizations working for children, young people and their families worldwide.

One of the high moments in 2016, was when my ICDP colleague, Professor Emeritus Henning Rye was awarded the Norwegian King's Medal of Merit for his work for children with special needs, his international work and cooperation particularly in Ethiopia and as one of the founders of ICDP.

Sadly, 2016 was also the year when we said goodbye to our dear friend and one of the ICDP founders, Markus Hoff Berge. During the many years that I have worked with Markus I experienced his continuous kindness and support. Markus was a real light in ICDP, a man of great generosity, much loved and appreciated by all who knew him. And finally, in 2016, I was contacted by Unicef and Save the Children and together we exploring new and exciting initiatives, which may contribute in significant ways to the ICDP work in years to come.

- Nicoletta Armstrong, ICDP chairperson.



# ICDP at the human rights council



The work of ICDP and the content of the ICDP programme were presented at the meeting of the Human Rights Council in Geneva. Each year, the Human Rights Council holds three regular sessions at the United Nations in Geneva, Switzerland and NGOs are given the opportunity to run side events in parallel with the main session. In 2016, the ICDP chair Nicoletta Armstrong presented the work of ICDP at United Nations. The presentation attracted a number of interested parties who sought cooperation, including high ranking representatives from Mexico, Paraguay and Switzerland. It was the first time that ICDP attended this event, and as a result a new space has opened up for networking and advocacy work.



## Karsten's books

ICDP is pleased to announce that both part one and part two of the handbook by Karsten Hundeide is now available in Spanish. Essays on war traumas, adaptation and rehabilitation, were written by Karsten Hundeide in 1998, and they are now available on icdp.info



# **ICDP** in Europe

Belarus, England, Denmark, Finland, Norway, Sweden, Portugal, Romania, Russia, Ukraine, Moldova

## Europe



### **Belarus**

In April a successful introductory ICDP workshop was held in Minsk for a group of specialists interested in the development of parenting skills for high-risk families. The workshop was held by Russian trainers Oksana Isaeva and facilitator Maria Fadeeva, who introduced the participants to the basic concepts, approaches and techniques of the programme.

## England

In England ICDP international has held several training workshops for facilitators and trainers linked to some of the existing projects; one new project was started in Lebanon as a result of these workshops.

### Portugal

For many years now, ICDP Portugal has been applying the ICDP programme in a project called "Roda Viva", situated in Alfragide, a poor area of Lisbon. All their professional caregivers and therapists are trained in ICDP, including all newly employed professionals. There are ICDP monthly meetings with all professional assistants. Children come from multicultural families that are struggling to survive and this means that many do not find the time to attend the ICDP meetings which are offered on monthly basis, although they try their best to do so.



In 2016, ICDP with its constructive and positive pedagogic and humanitarian approach, continued to be used by caregivers in their daily work with 18 infants in the nursery, 45 preschool children, 30 school children and 80 young people. In order to offer support to children at developmental risk Roda Viva acquired a new intervention team comprised of 6 professional therapists from several different fields.

#### Romania

In Bacau, a group of professionals from FUP is currently undergoing training to become qualified ICDP trainers. This project represents cooperation between ICDP, the Norwegian Church Aid (NCA) and Fundatia Umanitara Pacea (FUP), (Humanitarian Foundation for Peace). The goal is to increase the psycho-social wellbeing for children in the Bacau region, through improved parent-child communication. The second workshop was completed in February, and they are expected to complete their training projects by September 2017.

#### **Nordic countries**

ICDP colleagues in Norway, Sweden, Denmark and Finland decided to create together an organization called ICDP Norden. The objectives of this organization are to support collaboration between the Nordic countries, to secure the quality of the work with the ICDP programme, its status, and to stimulate research and programme development. The first Nordic meeting was held in Oslo on the 23rd of November 2016, and was attended by representatives from Norway, Sweden, Denmark and Finland.

You can visit the new Nordic website at icdp-norden.com

#### Denmark

2016 proved to be a great, innovative year for ICDP in Denmark. The ICDP method was approved by the Danish Social Agency and most municipalities in Denmark have some knowledge of ICDP. The ICDP method was approved by the Danish Social Agency, so most municipalities have some knowledge of ICDP. The programme is spreading in many different forms and a study highlighting the prevalence of educational programmes in Denmark ranked ICDP in the top 3!

The Danish Centre for ICDP, headed by Anne Linder, currently works with twelve trainers and they have an impressive list of accomplishments over the past year. Several articles as well as two books "Professional Relationships" and "Friendship Yoga" have been published. Development of a new ICDP app (ICDP-WebAPP) has been completed. The app is intended as support for the social interactions between children and parents. They also partner with several organizations and institutions and a pilot project with the police intelligence service is set to start in 2017. The Institute of Relational Psychology has been working with the ICDP programme for many years and is continuing to educate professionals. In 2017, the centre will be responsible for organizing the annual national conference that is set to take place in November.



https://www.ucn.dk/kurser-og-videreuddanne lser/%C3%B8vrige-uddannelser/icdp

#### Sweden

ICDP is well established in Sweden and continuing to educate new trainers and facilitators. A new guidance booklet for educators working in pre-schools is available at icdp.se. A Nordic Network meeting is set to take place in Stockholm in May 2017.

A study about the implementation of the ICDP programme was funded by the Swedish National Institute of Public Health. The study is named "Managing the initiation and early implementation of health promotion interventions: a study of a parental support programme in primary care" and was published in the Scandinavian Journal of Caring Sciences.



## Finland

2016 was a busy and exciting year for ICDP in Finland. The organisation has now reached the impressive numbers of 17 trainers and 130 facilitators. In addition, about 350 professionals attended the basic 4-day ICDP-training.

Many ICDP trainers and facilitators around the country conducted training and ran groups in their own work places during the course of the year. In addition, the ICDP Finland Association trained 7 facilitators involved in the Joy of Parenthood project in Porvoo, as well as providing in-service training for facilitators at the Kårkullasamkommun (a service and care provider for people with disabilities in the Swedish speaking part of Finland) – the aim was to help keep up the good work of the previously trained by focusing on implementation issues within the organisation. A new book, a guide for parents of youth aged 13-18 yrs., was translated and published in Finnish.

On the 8th of April, several Finnish presenters and participants travelled to the first ICDP Nordic research seminar in Stockholm; there were 12 presentations illustrating how ICDP was applied in a number of different arenas and contexts. All were inspired by encouraging evidence about the programme's effect inside and outside Nordic countries; particularly of the programme's potential in reducing violence.

On the 29 and 30th of September, fourteen ICDP educators from many different parts of Finland gathered in Turku for the first Finnish "ICDP-educator gathering". The two days provided an opportunity for everyone to share their extensive experiences from working in different projects. There were lectures about recent research that is related to the three dialogues of the ICDP programme and true to the ICDP spirit, everyone shared their favourite "golden exercise", the exercise that had worked especially well when training others. The website of ICDP Finland is a work in progress - visit icdp.fi and the new Nordic webpage http://icdp-norden.org/. The facebook page has a steady stream of followers and the most popular posts have reached hundreds of people.



#### Norway

The Norwegian Government has been focusing on ways to prevent social and health related problems in children and families, which are seen to be on the increase. In this context, the ICDP programme was included in the plans and strategies of the Norwegian Directorate for Children, Youth and Family Affairs (Bufdir). In 2016 Bufdir continued three pilot projects started in 2015: ICDP in Refugee centres, ICDP in crisis centres for victims of domestic abuse and the Norwegian government action plan against radicalization and violent extremism.



ICDP Norway has also put a stronger focus on cultural competencies for ICDP trainers to meet the needs of an increasingly multicultural Norwegian society. A new "cultural perspective" requirement has been added to the basic education and the training extended from four to six days to account for the change.

#### Russia

Russia is steadily making progress with reaching new families with ICDP. Several new groups in Nizhny Novgorod and St. Petersburg earned their diploma as facilitators this past year.



In St. Petersburg the facilitators from the Early Intervention Institute concluded that parents who attended the ICDP group face a lot of challenges in relation to their children on daily basis, but in spite of that they felt happy to have participated in the ICDP programme and considered it to be very useful. Most of the facilitators will continue with the training in order to become ICDP trainers – this is planned to start in September 2017. Once they become trainers they will be able to spread ICDP to new groups of facilitators.

ICDP trainer Oksana Isaeva, from Nizhny Novgorod, published the article "Early Psycho-social Intervention Program WHO/ICDP as an Effective Optimization Method for Child-parental Relationships " in the journal "Procedia - Social and Behavioral Sciences".

Oksana also produced a Russian version of the ICDP booklet for caregivers. The booklet contains the 8 guidelines for good interaction and it is illustrated by a local artist.

"It is very interesting and a pleasure working with such friendly, professional and highly qualified people".

- Hilde and Vibeke, ICDP international trainers

## **Ukraine and Moldova**

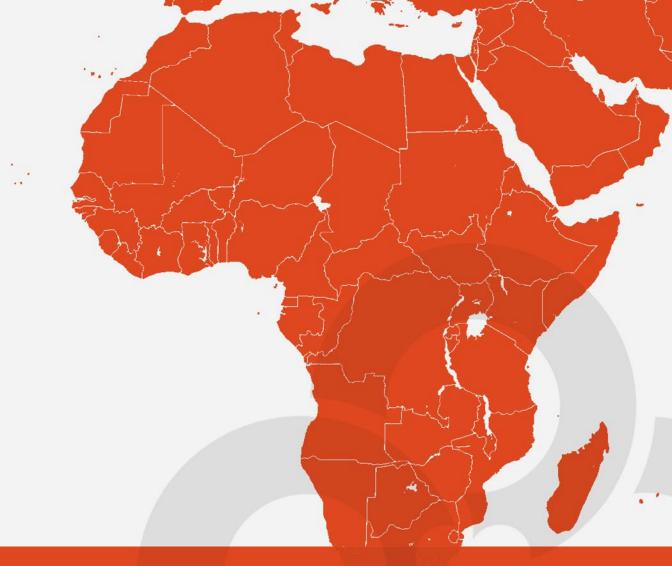
ICDP is spreading fast in Ukraine and the team of trainers from Ukraine and Moldova have been working with a number of organizations and professionals who are now using ICDP in their work. The ICDP programme is being successfully implemented by 18 groups of facilitators who are running parent groups in the military conflict zone in eastern Ukraine. The activities will continue in 2017 and new workshops have already been arranged.





"After attending the ICDP programme, I understood many things; I have a completely different way of looking at situations when a mother communicates with her child."

Anna Mazur



## **ICDP** in Africa

Botswana, Ethiopia, Ghana, Malawi, Mozambique, Tanzania, Zambia

#### Botswana

Plans for a new and very promising ICDP initiative are underway. The new project will develop with the involvement of a well-established local organization, the NGO "Ark and Mark", as ICDP's new partner. Ark and Mark have government backing for other psychosocial work national. It is hoped that the work of ICDP will eventually become sustainable as there are strong chances of ICDP being recognized by the government.

The first training was planned for early 2017, when several members of staff at Ark and Mark are to start their ICDP training to become facilitators along with some of the key members of the local community. At a later stage they will conduct an ICDP pilot project by introducing the method with caregivers in a town outside Gaborone. ICDP trainers, Patrick O'Loughlin and Chiku Ali will run the training, sponsored by the RVTS trauma centre in Bergen Bergen (RVTS, Ressurssenter om vald, traumatisk stress og sjølvmordsførebygging)

#### **Ethiopia**



In Ethiopia, Atnaf Berhanu Kebreab has been continuing her amazing work to spread ICDP further. She has translated the ICDP booklet for caregivers "I am a person" into Amharic and in March of last year, she conducted ICDP sensitization workshop for caregivers at the NGO My Sisters. My Sisters is an independent, non-governmental organization, offering assistance to poor women and their children in the Makanissa area of Addis Ababa, Ethiopia. In October, a network meeting took place in Awasa. The meeting gathered ICDP facilitators who have been involved in ICDP over the last two years. It was an opportunity to go through and review different ICDP topics. Several newly trained facilitators received their ICDP diplomas.

"There was a lot of enthusiasm for the ICDP programme and representatives from a new organization showed interest in receiving ICDP. It was moving to hear the mothers share their experiences and to see that they are appreciating the knowledge they received. All the facilitators showed to be committed - they expressed their wish to continue with ICDP training and we made plans for a workshop to take place in February 2017. And a new group of trainees will embark on their training in the spring 2017" - Atnaf

### Zambia

ICDP has only recently started to develop in Lusaka, but already there is a strong commitment to continue to use the ICDP method and to expand the work widely in the future. ICDP's partner is the Primary Health Care Education & Training Trust (PHC-ETT). The facilitators will be using the ICDP programme to run courses for parents in the local communities and this work will be under the umbrella of PHC-ETT. They are currently in the process of applying for funding to spread ICDP more widely.



### Ghana

ICDP in Ghana is keeping the ICDP spirit alive and Joyce Larnyoh, the ICDP country director, has been participating in several events related to child protection and education in the country over the past year.

## Malawi

ICDP continues to be successful in addressing many of the psychosocial challenges that the children in Malawi have to face. In 2016, a total of 54 new ICDP facilitators were qualified, including 15 facilitators from the Quadria Muslim Association of Malawi. This is seen as an advantage considering that up till then only Christian organizations were used to disseminate the information about ICDP.



A network meeting was organized to share experiences and welcome new players into the network. The meeting took the opportunity to collect success stories from all the partners and a booklet of ICDP stories will be published in 2017.

Many facilitators find it difficult to use the English version of the handbook, so there is an ongoing process of translating the ICDP handbook into Chichewa, which is the national language. Once the handbook is completed, it will ease the challenges that some facilitators were facing in training caregivers. Tanzania

A new project started up in the Manyara region of Tanzania. The new project represents cooperation between the Tanzania Association of Social Workers (TASWO) and the Norwegian Union of Social Educators and Social Workers (FO). The main goals of the project are strengthening solidarity and organizational work in and between TASWO and FO and sharing skills and knowledge through capacity building.

The first and second workshops took place in autumn 2016 and were attended by 9 social workers and 9 para-professionals from TASWO. After completing the ICDP training the trainees will apply the ICDP programme in their daily work and will also start running ICDP sensitization meetings in order to train groups of caregivers in their working areas.

The new project is joining the already established ICDP groups who have been working for several years already. An ICDP refresher course for facilitators was organized in March, by the Tanzanian ICDP trainers at the KIWAKKUKI organization, which uses the ICDP programme to improve home based care and as part of the intervention for orphans and vulnerable children.



#### Mozambique

Nearly 12 million Mozambicans live below the poverty line and 48% of Mozambican children live in absolute poverty. Mozambique has 2 million orphans and vulnerable children, of which 510,000 are orphaned due to AIDS. With the growing number of children in need of care, the traditional support system of extended families is becoming increasingly compromised. The country is also cyclically devastated by natural disasters, which cause disruption to essential services for children.

Mozambique has an enabling environment to address issues facing orphans and marginalized children. The Social Action Policy, the 2nd National Action Plan for Children and the Minimum Standards for Services for Orphans and Vulnerable Children clearly indicate the interventions and approaches that need to be put in place to address problems faced by orphans and marginalized children. However, legislation and policy commitment haven't translated into effective programmes and functional state services that would alleviate the suffering of children. In addition, most programmes focus on providing for immediate material needs and very often emotional and psychosocial needs of children go unanswered.

ICDP Mozambigue findings from visits made to residential care centres revealed weak caring environments, poor child-adult interaction, lack of training for caregivers on how to care for children and lack of clarity about daily routines. Children with symptoms of anxiety, depression and apathy were also spotted. The emotional wounds caused by abandonment, loss and death of relatives are less visible than the physical scars, but can be devastating. An estimated 13.5 per cent of children aged 2-9 in Mozambique have some kind of disability. In the absence of the necessary competence and skill, families and relatives tend to place children in institutional of care, even though most institutions lack adequate caring and rehabilitation practices.

Often families with children with disabilities receive minimal support at home or none at all. Finally, adoption, guardianship and fostering are options rarely available to children with disabilities.





The Government of Mozambique (Ministry of Gender, Children and Social Action - MGCAS) and UNICEF are working together to reform the child care system. ICDP Mozambique is joining in with this collaboration to address some of the top identified priorities namely, improving caring practices, through psychosocial support (PSS) and training in quality caring, as well as working on family reintegration of children living in institutions, which is the key for their psychosocial wellbeing and development.

ICDP Mozambique has played an important role in training caregivers in residential care institutions on improved caring and stimulation practices, including for children with disabilities, in the provinces of Maputo, Maputo city, Gaza, Sofala, Manica, Zambezia, Tete and Nampula.



ICDP uses a facilitative approach, incorporating local practices of child-care and encouraging traditional values; the aim is to sensitize caregivers to recognize a child's qualities and needs and to make them aware of their own ability to provide loving care and guidance. The ICDP programme is built upon four basic components: (1) positive redefinition of the caregivers' conception/image of the child and facilitation of (2) emotional expressive dialogue, (3) cognitive and expansion dialogue and (4) regulation dialogue (regulative skills with positive limit-setting). We also payed particular attention to activities that contribute to strengthening attachment, empathy, resilience and the role of the mother/caregiver as a mediator of quality care towards children with disabilities.

## **Main Achievements**

20 ICDP Trainers with consolidated skills to facilitate capacity development on the ICDP programme and disability component 361 caregivers and managers with access to the ICDP programme's guidelines and approaches to disability 252 residential care centres' caregivers and managers implementing the ICDP programme and approaches to disability 40 families implementing improved caring and stimulation practices with their children after placement or family reintegration 1.191 families with children at risk of separation with better understanding about child rights and development, PSS and positive caring and stimulation practices 30 MGCAS (Ministry of Gender, Children and Social Action) staff knowledgeable about ICDP programme and disability and related monitoring and supervisory skills 10 MGCAS staff participating in the joint monitoring and supervision to residential care centres and families



## **ICDP** in Americas

Bolivia, Brazil, Colombia, El Salvador, Ecuador, Guatemala, Mexico, Nicaragua, Panama, Paraguay, Peru, USA

## Americas



## Bolivia

ICDP and ICEL (Christian Evangelist Lutheran Church) are cooperating on the development of the project called "Education Project, Family, and Community". The project started in 2015 and was continued in March 2016 with follow-up workshops for the group trained the previous year. A new group consisting of 22 participants including teachers, social workers, and other professionals, embarked on their ICDP training. The participants expressed their appreciation for the ICDP programme and its relevance to the work of their organizations. As a result, a new network was created that strengthened the bond between the project and the local organizations working in the municipalities covered by the project.

In addition, there was a discussion about contextualizing photos and videos - especially for the ICDP work with indigenous communities. In some places the ICDP material will have to be in the native tongue, Quechua. The challenge is to continue to expand the programme to complete the training of 50 facilitators in the second phase. During the next phase, ICDP will reach communities at high risk and great care will be placed on the quality of implementation, so as to generate positive changes in the relationships and interactions between parents and their children.

### Brazil

In Petrolina, a new ICDP project was started in November 2016 in cooperation with ACARI (Civil Association for Citizenship) with ICDP trainer Ilze Braga as the coordinator.



ACARI is an organization with a lot of experience with the programme. ICDP trainers at ACARI have been involved in a large-scale ICDP initiative that was carried out in cooperation with Save the Children UK and this project reached 34 municipalities in Pernambuco.

The new initiative is part of the "Construindo Loços", a project that aims to strengthen the children's right to be protected against domestic violence. It is supported by KNH (KinderNotHilfe). The ICDP trainers from ACARI conducted the Level one workshop attended by a group of 17 professionals. Their training will continue in 2017 with more workshops and self-training projects with groups of caregivers.

For ACARI as an organization, this training is important, because afterward, they will be able to count on a larger number of trainers to reach more families and help them to establish good interactions with their children.

## Colombia

ICDP in Colombia is rolled out on a grand scale with a myriad of projects ongoing.

A new project started in Envigado as a result of cooperation between the municipality of Envigado and ICDP Colombia. The ICDP team from Medellin led by Carolina Montoya, held workshops with participants including parents, grandparents, aunts, caregivers involved in domestic services and teachers. The aim is to raise awareness and develop attitudes, habits and commitment in caregivers to give their children a humane upbringing. The project ran from March to September, and ICDP facilitators worked with two groups of caregivers. The participants gave positive feedback to the course. In September, the project held a certification ceremony and celebrated its successful completion.

ICDP also started a new initiative in Itagui, Antioquia, Colombia. In March to June 2016, they carried out an ICDP intervention project in one children's home in Itagui, where they will be facilitated the ICDP sensitization meetings to a group of 30 caregivers and 30 children.

In Cañasgordas, Antioquia, the trainers at Health Centres apply ICDP to provide support not only to children but also to elderly people, men groups, people with disabilities and vulnerable groups in the rural areas with positive results. This lead to a pilot project that applied ICDP with older people - and it proved successful. The project ran from June to December, after a work plan was formulated together with the Centre for Social Protection Mila Gutierrez Perez (Care for the Elderly), the municipal programme for the elderly and the local educational institutions. The programme aimed to improve the living conditions of children, young people and the elderly, by strengthening the social fabric to help create protective environments leading to a better quality of life.

After a successful pilot project carried out in 2015 in 4 Embera Chami indigenous Indian

communities, ICDP gained the trust and support from the community leaders who asked for more ICDP training. During 2016, ICDP trainer Carmen Lucia Andrade held refresher courses for facilitators. In Riosucio, Caldas, a new group consisting of 15 traditional doctors and nurses, embarked on ICDP training to become facilitators, after which they started to apply ICDP with families, as part of their self-training task.



In 2016, a new study about ICDP was prepared by Santiago Morales, a researcher and ICDP trainer at the FUNLAM University in Medellin. The study evaluated the ICDP project carried out between September 2014 and November 2015 in 5 communities. The participants expressed their satisfaction with the project and a desire to continue to deepen aspects of personal and family development. The study recommends ICDP to continue working with families to strengthen the initiated psychosocial processes as the basis of social development in the communities.

On November the 18th, ICDP participated in the World Prematurity Day. At this event 300 families had the opportunity to learn about ICDP.



### **El Salvador**

ICDP has attracted the interest of the police in El Salvador.

Talks with the National Civil Police - La Policia Nacional Civil (PNC) were initiated to establish an alliance between the Salvadoran Institute for the Integral Development of Children and Adolescents (ISNA), PNC and UNICEF, with the ain of replicating the programme with the PNC staff.

The plan is for a team of psychologists and social workers from the Police Welfare Unit at national level to be trained to replicate the ICDP methodology with the families of the police officers. It is also planned to give training to staff at the Violence Prevention Unit in 26 selected municipalities with the objective of institutionalizing ICDP as a methodology for prevention of family violence that can be replicated by the agents of this Unit with the families that live in the territories they serve.

ICDP so far, has not been involved in training of police officers in anywhere in the world, so the work in El Salvador will be an interesting initiative to follow and learn from.

In El Salvador, in 2016, 13,214 families were sensitized in 7 different areas of the country and a total of 240 decision makers received training, among them directors of institutions, municipal mayors, heads of institutional departments of childhood, and others. This work was carried out by ISNA and with Unicef support.

#### Guatemala

The work with the ICDP programme in Guatemala continues. In Bajo Verapaz, ICDP trainer and teacher Julio Martinez, is giving courses to university students, who will be working in the teaching and caring professions. The students are running ICDP courses for parents as a part of their ICDP certification requirement. "Students found their ICDP work in the community very satisfying and the families who benefitted gave us very good feedback too. In general, the interest in ICDP has been ongoing and based on my own experience over time I have become convinced that it is the solution for our country's future - by improving family relations and building a stronger society in the long run, in which children can be guaranteed love and security. I am applying to different organizations in the hope of raising more funds for ICDP," says Julio Martinez.

The Aldeas Infantiles (Children's Villages) SOS Guatemala is an important partner and ICDP was included in their overall programme for violence prevention and child protection. In addition to implementing ICDP in their children's villages and youth communities, their work also focused on using ICDP to sensitize staff working with children in a number of social and community centres.

#### Ecuador

ICDP trainer Ilaina Ramirez re-established contact with the Capuchin Order and started to discuss future training with Father Alberto Gómez and Father José Antonio López, the two coordinators of the four Capuchin institutions in Quito. They have started to make plans for a new training project. The future training would build on the work done in 2015, when ICDP trainer Carolina Montoya held five ICDP workshops through the Club Amigó de Cotocollao, in the north of Quito. The plan is to apply the ICDP programme with the most vulnerable families, who face difficulties such as family disintegration, authoritarianism, alcoholism, family abuse, labour exploitation of minors and high levels of school dropouts.



#### Panama

## Nicaragua

ICDP and INPRHU (Instituto de Promocion Humana) established cooperation with a shared vision for ICDP expansion in the municipality of Ocotal, Nicaragua. Aura Estela Mendoza, from INPRHU, invited members of her organization and also several other organizations in Ocotal to participate in the ICDP training with the hope of reaching a large number of families and children at risk with the ICDP programme in the future.

The first workshop was held in November 2016, and it was conducted by Nicoletta Armstrong, who was accompanied by Monica Andersson. A group of 30 people attended, including INPRHU educators, social workers and teachers, as well as a few young volunteers. The workshop was very well received. The group enriched all discussions around the ICDP themes with a wealth of personal experience. The training will continue in 2017.



Very strong interest in ICDP was expressed by the Ministry of Education (MINED), who thought of spreading ICDP through their network - ICDP was told that there are 18 schools and 27 preschools with the potential of receiving the ICDP training.



ICDP has established contact with Antonio Alberto Mendoza Aparicio, from the "Movimiento Nueva Generacion" (New Generation Movement), an NGO operating in Panama city. The New Generation Movement is a community-based organization whose main goal is to implement programmes, projects, and activities that will provide comprehensive protection for children and youth in El Chorrillo, a poor area of the city.

Nicoletta Armstrong will hold the first ICDP training in March 2017.

## Paraguay

In Paraguay, ICDP is working under the Vida Plena Foundation. Vida Plena has established strong links with the Callescuela Association, and they hope to reach more families with the ICDP programme by joining forces to widen the coverage in the country. Callescuela's mission is to improve the quality of life of children and adolescents living on the street, in the context of promoting child participation, social equality and unconditional respect for children's rights.



#### Peru

USA

Mid November 2016, a small ICDP project started to develop in the poor community of Pachacamac, an hour drive south of Lima, with subsequent sponsorship from SD USA. The project invited a group of parents to receive the ICDP course. Pachacamac is a very poor community in an arid area, and the difficulties the families have to face due to lack of water affected the lives of some of the interested participants. In spite of that, the trainers report that the programme has managed to start and has been having a positive impact on the group.



In 2016, ICDP started to cooperate with several partners on a new multidisciplinary project. This new project proposes to train a group of 30 student nurses at the University Inca Garcilaso Vega to combine the delivery of the ICDP programme together with nutritional and health messages. The expected result is to improve caregiver/child interaction and nutritional habits of 150 families in Pachacamac. The project will start in 2017 with funds from Grand Challenges Canada.



ICDP USA is working under The Changing Children's Worlds Foundation (CCWF). The goal is to enhance positive development and family relationships, which will strengthen success in family, schools, and community. In turn, this serves to reduce an often intergenerational cycle of intra-familial violence, maltreatment, and neglect by providing positive social/emotional, cognitive, and self-regulative development guidance and practice for both parents and children while also building a supportive community for participating families over time. This is of strong importance in Chicago and surrounding communities as 2016 proved to be an exceptionally violent year, especially for Chicago's children.

ICDP USA has expanded its work by partnering with a vast scope of different institutions and organizations that strive to increase knowledge, skills, confidence and empathic development for parents and caregivers.

The ICDP work was evaluated thanks to the sponsorship by the Pritzker Early Childhood Foundation, and the final report yielded important evidence of the growing effectiveness of ICDP. Evidence suggests that ICDP is connected to positive outcomes for parents' sense of self and their reported parenting skills and relationships.

## Mexico

The Faculty of Psychology at the Benemérita Universidad Autónoma de Puebla (BUAP) has a Diploma course in Attention disorder, which started on the 23rd of September 2016. The ICDP programme is included as module 5 of this course. The ICDP trainer and psychologist Jose Luis Flores introduced the content of the ICDP programme by conducting the ICDP training sessions over a period of 4 days.



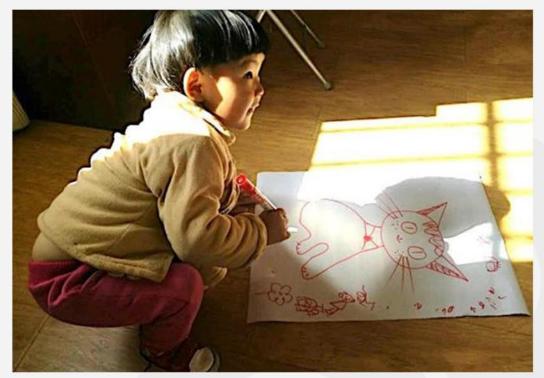
# ICDP in Asia and Australia

Australia, China, India, Nepal, Japan,

## Asia and Australia



China



ICDP in China has experienced huge success in its first year of operation. The first groups of facilitators have been trained and inquiries are coming in from all over the country.

The introduction of ICDP to China is part of a development project called "Yunnan Left behind Children Development Project" which is implemented by Shincon Kunming Rep Office on behalf of Norwegian donors; Norad, The Norwegian agency for development cooperation and the Norwegian Lutheran Mission.

So far a total of 379 caregivers/parents, as well as leaders of 153 children's homes and 10 kindergartens are ICDP trained, reaching approximately 6000 children directly or indirectly. During 2016, network meetings were held in different parts of Yunnan to discuss and share experiences, discuss challenges and brainstorm about potential improvement. The vision is for scaling up ICDP and in order to achieve this aim, several steps have already been undertaken to ensure that everything will be in place to facilitate future wide-scale implementation in China.

"We want to say thank you to the programme for helping us make this crucial decision in our life and equipping us to do it in a good way."

- Xiao Mu

### Nepal

## In Nepal, the recipient of ICDP training is the Early Childhood Education Centre (ECEC), funded by HimalPartner. There are currently 39 certified facilitators. Each year the ICDP facilitators deliver the programme to a new group of caregivers. So far, over 200 hundred parents and caregivers have participated with **positive** results. ICDP was found useful in enhancing the healthy psychosocial development of children. In October 2016, a group of 14 trainees attended the ICDP workshop at Trainer Level; they will complete their training by June 2017.



More recently, ICDP has received a request from Save the Children Nepal to start training their staff in April 2017. This new initiative is linked to the cooperation between ICDP and Save the Children in India.

### India

Save the Children have identified ICDP as a suitable initiative to enhance caregiver skills as part of their Child Sensitive Social Protection (CSSP) project in the Dungarpur district.





Based on the understanding that complementary interventions to social protection will ensure better results on child development outcomes, a crucial part of CSSP is to promote improved care by introducing parenting programmes as a complement to economic interventions – this is reflected in the new cooperation with ICDP on the Dungarpur project. Nicoletta Armstrong will start the training of Save the Children staff members in January 2017 and the training will take place throughout 2017.

#### Japan

ICDP trainers Setsuko Kobayashi and Hitoshi Maeshima are running courses for parents and gradually trying to extend the scope of ICDP in Japan.

#### **Australia**

ICDP trainer Anne Oakley has been involved in the ICDP work for many years in Brisbane and in 2016 she started to contact various organizations that may be able to use the programme in the future.



# ICDP in Middle East

Lebanon

## **Middle East**



Lebanon



In 2016, ICDP started to develop in connection with the Jusoor organization. Jusoor is an NGO representing a community of Syrian expatriates who work together to help Syrian youth realize their potential in Lebanon. The organization runs three schools with 1000 Syrians enrolled in their academic programmes.

In September Michelle MacDonald started to work as counsellor for teachers and parents in Jusoor schools as well as in Syrian refugee camps in Lebanon. In addition, she was allowed to run courses in the ICDP programme for both teachers and parents. ICDP received a positive reception and Jusoor is sponsoring further ICDP training in 2017.

#### **ICDP board:**

Nicoletta Armstrong, chair Tatiana Compton Santana Momade Ane-Marthe Solheim Skar Guillermo Navas Karl-Peter Hubbertz Columbus Salvesen

#### **ICDP** at national level

#### **Executive support:**



ICDP Norway, ICDP Finland, ICDP Sweden, ICDP Portugal, ICDP Ukraine, ICDP Mozambique, ICDP Ghana, ICDP Colombia, ICDP Peru

ICDP representatives elected in: Japan, South Africa, Malawi, Rwanda, Brazil, Mexico, England, Romania, Russia and Moldova

ICDP Denmark operates under GR-Psykologerne, UCN and Danish Centre for ICDP

ICDP Australia operates under Morningside C.A.R.E.

ICDP USA operates under CCWF

ICDP Paraguay operates under Vida Plena

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ICDP Nicaragua operates under Instituto de Promocion Humana (INPRHU)

ICDP Lesotho operates under Thaba Bosiu Centre

ICDP Nepal operates under the Early Childhood Education Centre (ECEC)

ICDP China operates under the Shincon Kunming Rep Office

ICDP initiatives in Kenya, Ethiopia, Ecuador, Uganda, South Korea, Lebanon and Zambia

ICDP facilitators in India under Save the Children



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