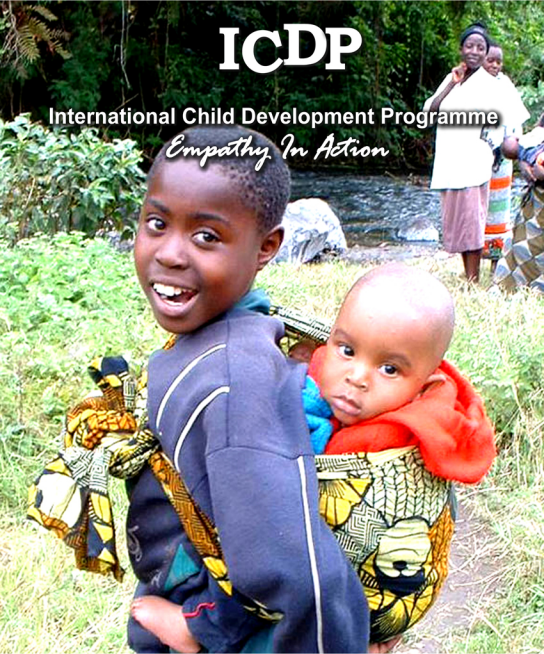


# ICDP

International Child Development Programme

*Empathy In Action*



**ICDP IN THE WORLD 2010**

## Message From ICDP Chairman Karsten Hundeide

ICDP continues to be implemented within many different groups including: immigrant population, asylum seekers, youth, families in prisons, care givers in child protection centres, children in institutions, carers of the elderly, families of ex guerrilla fighters, displaced families, schools and pre-schools, the health sector, through child psychiatry, domestic violence prevention and in the context of HIV/AIDS.



Three evaluation studies were completed and all showed the positive impact of ICDP on both care givers and children. In Norway, The Ministry of Children, Equality and Social Inclusion initiated and financed the evaluation of the parental guidance program based on ICDP, which was carried out in the period between 2007-2010. This evaluation involved the University College London and the University of Oslo. The full report will be published in international journals in 2011. NORAD sponsored the evaluation of the ICDP project in Mozambique, whereas in Colombia the study of the ICDP project in Huila was sponsored by UNICEF. Evaluations: <http://www.icdp.info/evaluation.html>

We started to develop new programs which are combining the ICDP approach with health and nutrition, ICDP and children's rights (focusing on protection from violence), and ICDP for youth. The production of new materials is under way which will facilitate the development of ICDP in these fields, and in the future, ICDP facilitators will receive new specialized training.

In 2010 we conducted a structural review which indicated areas for development. As a result we will focus on strengthening the central operation and on increasing our fundraising capacity.

Karsten Hundeide

Chair of ICDP

Other members of the ICDP International board: Nicoletta Armstrong, Santana Momade, Penelope Villar, Virginia Thomas and Stephan Solat. Advisors: Annelie Waldau, Marianne Fjotland, Finn Godrim, Henning Rye and Markus Hoff Berge.

"...ICDP comes in to restore and revive normal human caring interaction."

### Introduction

ICDP began developing its training program in 1985 but an organisation was not founded until 1992 when it was registered as a private foundation, in Oslo, Norway, with the objective of working for the development of children and young people.

### Our Ethos

The ethos of ICDP is to provide for human care by activating empathy and education of both caregivers and their children.

### Our Work

The work of ICDP is based on the principles that are laid down in the UN Convention on the Rights of the Child. ICDP may participate directly or indirectly in activities run by other humanitarian organisation having corresponding objectives.



## About ICDP

"ICDP is based on the idea that human beings are by nature social, and that also means that we, as human beings, are particularly vulnerable in our social relationships because that is the domain of our suffering and our happiness. So when we are deprived of normal human contact, there is suffering and loss, as we can see in institutionalized children. This is where ICDP comes in to restore and revive normal human caring interaction.

This does not only apply to the care of babies and young children, it applies at all levels of life from babies to youth, adults to elderly - we are all living in relationships with each other, and the quality of these relationships decides how we feel, cope and develop. Therefore ICDP is in principle applicable at all these levels..."

Professor Karsten Hundeide  
*Chair of ICDP*

## ICDP Approach To Training

The ICDP approach to training is based on the idea that the best way to help children is by helping the children's caregivers. It is now well known that unless children have at least one caring adult to love them and teach them life skills, social behaviour and morals, their mental and emotional development will be impaired.

Recent research suggests that normal physical development of the brain depends on proper interaction between a caring adult and the growing child. In normal circumstances such learning happens naturally. However when families are uprooted through social changes, migration, catastrophes, children losing their parents, or having been numbed by severe deprivation and emotional shock, this care often breaks down and has to be reactivated through skilled help. If children do not receive sufficient love and attention while they are young, the problem can perpetuate itself because they can themselves become inadequate parents. Therefore ICDP's focus is on trying to break this cycle.



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**Programme** ICDP has developed a simple and culturally adaptable programme, based on recent research in child development that sensitises and enriches the relationship between caregivers and their children. Local child rearing practices are identified and reactivated in order to stimulate development that is truly authentic and long lasting. The main aim of ICDP training is to build competence and confidence in the members of a community or an existing child caring system and to transfer the project to the local resource persons.

**Implementation** The ICDP program was originally developed for parents/caregivers of very young children. Over the years it has proved to be relevant for caregivers of older children too. The program can be used in the area of prevention and rehabilitation in different contexts; to train staff in centres and institutions for children, to improve relational abilities of teachers in preschools and schools, or as a parenting programme working through networks, such as primary health care or social services. The ICDP programme can help develop standards for human care in emergency situations, when young children are placed in camps or institutions due to war, migration, catastrophes, abandonment or abuse.

**Training** Workshops are given on two different levels, followed by practical application of ICDP in two 'self-training projects'. At the first level of training participants implement the programme directly with families; the second level of training qualifies participants to train others.

## NORWAY

- ICDP Norway: [www.icdp.no](http://www.icdp.no)
- Country project coordinated by the Norwegian Directorate for Children, Youth and Family Affairs (BUFDIR)
- Trainers' meeting gathered around 70 trainers from all over Norway, from Alta in the north to Grimstad in the south
- Many target groups: kindergartens, schools, child protection, parents and children from minorities and refugee groups, parents in prison, parents with children with special needs, ICDP in context of violence and youth
- ICDP at UiO – Master students
- Evaluation project of ICDP in Norway
- Evaluation of Mozambique was presented publicly
- Seminar exploring ICDP as a possible virtual learning program
- Report and manual for working with minority groups
- A new DVD with samples of adult-child interactions

## DENMARK

- Homepage: [www.g-r.dk](http://www.g-r.dk)
- ICDP Denmark is on Facebook
- University College, Nordjylland, and the GR Psykologerne ApS formed The Danish Fund to promote, train and expand ICDP together
- GR Psykologerne Centre for Relations in Skive has educated during 2010 more professionals / teachers than ever before
- New DVD called "Golden moments" in kindergarten illustrates the 8 guidelines and the way different kindergartens integrated ICDP in their daily work with children

## SCANDINAVIAN NETWORK MEETING

- ICDP Denmark hosted a very successful Scandinavian Network Meeting
- 27-28th of May
- 250 people from Denmark, Sweden and Norway came to share their ICDP experiences
- The content of the program focussed on the theme of "being present in the interaction with children"
- Official theme of the conference "Moments of presence"



## SWEDEN

- ICDP Sweden has continued to expand, both by training new trainers and by working more extensively in the area of evaluation
- New webpage: <http://www.icdp.se>
- On-line bookshop: <http://www.icdp.se/bocker.aspx>
- New ICDP materials: manuals, booklets, leaflets
- Innovative work with the elderly is in process of being systematized
- Re-organization of the board's functions completed
- Stronger emphasis on hiring existing trainers for new assignments

## FINLAND

- Klara Shauman Aihberg, psychologist working in the Family Centre in Paragas, near Åbo decided to bring ICDP to Finland
- A group of her colleagues including, psychologists, teachers, pedagogues and family workers have now started to receive training in ICDP
- The first ICDP training workshop was held by Anneli Waldau, chair of ICDP Sweden, who is also an experienced ICDP trainer

## PORTUGAL

- ICDP Portugal: [www.icdpportugal.blogspot.com](http://www.icdpportugal.blogspot.com)
- New "Pedagogic Project for the Education and Community Centre Roda Viva"
- All activities will be guided by ICDP principles; the work with staff, as well as the work with infants, children, young people and their families
- It is a further step in consolidating the work which ICDP has been developing with the technical team of this institution, since 2007



## MOZAMBIQUE

- Since 2003 ongoing. NORAD main sponsor
- ICDP Mozambique continues to coordinate the training and general developments
- ICDP spread to Gaza and Inhambane provinces
- National women's network, Maputo district 4 & 5
- Provincial Directorate for Women and Social Affairs (DMAS)
- Competence building for staff in institutions
- Participation in seminar organized by UNICEF
- Seminar for Red Cross staff
- Training and support to local NGOs
- Continuous support to 1st of May Child Care Centre
- ICDP is inserted in the curriculum for students at two universities in Maputo, UEM and UP
- Caregivers from different organizations from the "Rede Criança" network attended an ICDP sensitization seminar held in Maputo
- Introduction and Sensitization seminar for senior staff from the Directorate of Education and Culture for the Maputo Province

## ZIMBABWE

- The Community Foundation for the Western Region of Zimbabwe is working on expanding its work and plans to include the ICDP principles in its Home-based Orphan Care Programme
- Currently the program is covering 9 districts but it is planned to extend it to all 25 districts in the western part of Zimbabwe
- The intention is to employ the ICDP principles in achieving all the above stated activities

## LESOTHO

- ICDP at Thaba-Bosiu Centre in Maseru
- Sponsored by the Blue Cross Norway
- Families and children affected by problems of alcohol and substance abuse
- A core group of 20 professionals qualified as ICDP facilitators. They developed projects in their communities as part of training.



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## MALAWI

- ❑ Trainers from Vestfold Mental Health Care Trust (PIV) trained social workers and volunteers at the CBCCs and the NRU centres
- ❑ Coordinated by the Norwegian Church Aid organization (NCA)
- ❑ Focus on children suffering from malnutrition and neglect
- ❑ Participants integrated ICDP in their daily work

## TANZANIA

- ❑ ICDP in Moshi and its surrounding areas since 2004
- ❑ Collaboration University of Bergen and local organization Kiwakkuki. Focus on HIV/Aids victims
- ❑ 93 facilitators and 12 trainers in the Kilimanjaro region

## SOUTH AFRICA

- ❑ New initiative: workshop for participants from 10 different organizations from the Psycho-Social support cluster of organizations from the CINDI network
- ❑ New initiative in Gamalacke, Natal by ICDP Norway ,RBUP and Gamalacke Stiftelse; 20 caregivers from different crèches were trained as ICDP facilitators



## GUATEMALA

- 2006 UNICEF, PLAN, ICDP
- ICDP in child protection
- ICDP in communities all over the country
- 2010, mayor of the Guatemala City sponsored training of 54 members of staff from day centres, preschools and crèches

## MEXICO

- Casa de la Niñez Poblana, is a government institution for abandoned children in the town of Puebla. It provides protection to children of all age groups
- 72 members of staff have received ICDP
- Photo above: ICDP sensitization meetings with members of the local police

## EL SALVADOR

- 2006, ICDP & UNICEF
- ICDP as country program through Social Services (ISNA)
- Strong institutional commitment still
- This year, UNICEF and ISNA focused on involving local authorities and the local community in the ICDP process – this way they reached more families than in previous years.

## BRAZIL

- ICDP & Save the Children
- European Commission funding
- Multi-institutional project in the semi-arid region of Pernambuco in North East Brazil
- Families and children linked to day centres, schools and preschools. ICDP present in 19 towns
- 430 ICDP facilitators inside Mãe Coruja - large network, provides health education, literacy classes and a variety of life skills to women
- 10% from cost of production of materials 1500 US \$ to ICDP

## PARAGUAY

- Day-care Centre for children in the Asunción Gross Market area
- Sensitization meetings with the parents of the market children
- ICDP training on regular basis to the educators in the Day-care Centre
- Additional courses for the parents developing their skills in handicrafts, in the hope of increasing their source of income





## COLOMBIA

- Since 1995. ICDP Colombia: [www.icdpcolombia.org](http://www.icdpcolombia.org)
- Projects with UNICEF since 2001, focusing on the most vulnerable departments of the country
- Large scale training in the department of Santander and Choco
- FAN organization – ICDP in day centers in marginalized areas
- ICDP youth to youth proved very successful
- ICDP material translated into 4 indigenous Indian languages in the department of Choco
- Evaluation of the ICDP work in the department of Huila was publicly presented in Neiva; the study showed positive outcomes
- As a result IICRD approached ICDP to work on child protection and children's rights
- A joint model ICDP / IICRD will be tested out in several pilot projects in Huila, Medellin (city and rural area) and Bogota
- Radio program using eight guidelines in Boyaca



## AUSTRALIA

- ❑ ICDP Australia team led by Renee Goetz under the umbrella of Morningside Care
- ❑ Anne Moore's training was completed
- ❑ First project development in Brisbane
- ❑ ICDP with groups of young men who were separated from their children due to drug addiction
- ❑ ICDP courses set up at TAFE university for 2011

## INDIA

- ❑ Local organizations:
- ❑ Manab Jamin (SEVA);
- ❑ Vikas Kendra (SEVA); Bikash/ Bankura;
- ❑ Seva Kendra Kharagpur;
- ❑ Namasole Palli Mangal Samity;
- ❑ Lake Gardens/ Kolkata
- ❑ West-Bengal; training of local teams since 2004
- ❑ Sponsorship by Indienhilfe
- ❑ ICDP spreads to many villages



## Overview of ICDP Activities in 2010

Country <sup>a</sup>	Target groups	Trained since starting	Time scale	Project holder	ICDP local branch	Funding sources
<b>MOZAMBIQUE</b>	AIDS affected orphans and abused children	Over 1000 staff/caregivers potentially reaching 10,000 children each year	7 years	ICDP	ICDP Mozambique	NORAD as main donor University of Bergen, Børn Leif Foundation
<b>TANZANIA</b>	Families & children affected by HIV/AIDS pandemic	93 facilitators and 13 trainers	5 years	Kivakula women's organisation	no	Blue Cross Norway
<b>LESOTHO</b>	Families and children at risk of substance abuse	25 facilitators trained and a new group started to receive training	2 year	Troika-Bosuu Centre	no	
<b>NORWAY</b>	Children & families linked to social, educational & health services	148 trainers, 1773 facilitators	13 years	ICDP, Municipalities	ICDP Norway registered in 2007	Ministry of Children, Equality and Social Inclusion
<b>DENMARK</b>	School and preschool children and parents	competence groups spread around the country	10 years	ICDP, Local organisations	University College, Nørrebro, and the OR Psychologiske APS formed The Danish Fund in 2010	Local authorities & educational institutes
<b>SWEDEN</b>	Parents and children, youth, elderly, teachers	Over 100 trainers and over 1200 facilitators and children in schools & preschools, 100 trainers, 800 facilitators, 4,617 families	11 years	ICDP, schools, social and other local networks	ICDP Sweden, registered in 2000	Local authorities, EU
<b>BRAZIL</b>	School children with difficulties in learning, families & children at risk	3 trainers, 42 facilitators, parents & children at Rota Viva Centre	7 years	Save the Children Brazil CELUANI	no	Municipality of Omuta CELUANI, EOB, B. von Leer, Education Ministry, European Commission
<b>PORTUGAL</b>	ICDP sensitization courses for teachers and parents	3 trainers, 42 facilitators, parents & children at Rota Viva Centre	4 years	ICDP	no	Rota Viva Education & Social Centre
<b>COLOMBIA</b>	Poor communities, displaced families, families and children at high risk	2100 trainers, 17,007 facilitators, 16,360 families, 702 000 children	15 years	ICDP, UNICEF, Universities, local networks & NGOs	Fundacion ICDP Colombia, registered in May 2003	UNICEF, Ecopetrol, SO Britlan, Ilustrados, Ministry of Justice, PAN
<b>EL SALVADOR</b>	Caregivers, vulnerable families and children	100 trainers, 1500 facilitators, 26 000 children	5 years	Ministry of education, health, social services, ICDP	no	UNICEF, UNICEF, UNICEF, Ministry for education, health & social services
<b>PARAGUAY</b>	Children's institution, poor community	4 trainers, 50 facilitators, 600 caregivers, over 1500 children	8 years	Vida Plena Foundation	no	Ministry for Children, Interamerican Dev. Bank and others
<b>GUATEMALA</b>	Families & children in poor communities	90 trainers, 1300 facilitators, 16 000 children	4 years	Plan International, local NGOs and local networks	no	UNICEF, Plan International, NGOs, social service networks
<b>INDIA</b>	Families and children living in difficult conditions	3 local networks of facilitators working with local organizations, in Bhopur, Khanagaur and Kotada	6 years	Local organizations	no	German organization "Indienhilfe"

<sup>a</sup>New projects have developed in South Africa, Zimbabwe, Malawi, Mexico and Australia.



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